

## 206 - Lunch Program Policy

The Well Academy Preschool will not serve meals, drinks, or snacks to children enrolled in the program. Children must bring their own meals, snacks, and drinks. There is a drinking fountain in the facility where cups may be refilled. Children's lunches will be kept refrigerated as necessary to ensure the safety of the food.

Mothers with breastfed infants may bring fresh milk or frozen milk in marked breastmilk bags with the date and child's name clearly labeled on the bag. These will be kept refrigerated/frozen until the time of use. If desired, breastfeeding mothers may come to the facility between 11am and 12:30pm to nurse their child as their schedule and time permits.

If a child presents a severe allergy in a class, their classmates/parents will be notified and we will not permit children in that class to bring foods containing and/or processed with the allergen.

## Rules for food preparation:

Food must be brought in such a manner that the children will be able to serve themselves with minimal help from their teacher. Additionally, some choke-risk items must be prepared in such a way to mitigate the choking hazard represented. Please refer to the handbook for specific information.

